**Hope in Despair – Ps. 130:5**

Ps. 130 is a Song. A Song of Ascent it is one of the songs Israel sang on their way to festival in Jerusalem.

It is a Song of hope in the promises of God

***I wait for the Lord, my soul does wait, and in His word do I hope.***

As Israel walked toward Jerusalem - they would sing…**I wait for the Lord, my soul does wait**

**Focal Truth: Trust in God’s promises**

**Observations**

1. **In the depths of despair cry to God – 130:1 – 2**

*Out of the depths I have cried to You, O Lord. Lord, hear my voice! Let Your ears be attentive to the voice of my supplications.*

1. God’s children fall into the depths of despair

*Out of the depths I have cried to You, O Lord.*

1. God’s children cry to God in prayer when in the depths of despair

*Lord, hear my voice! Let your ears be attentive to the voice of my supplications*

8 times God’s name is spoken in this prayer song

v.1 – out of the depths I have cried, O Lord

v. 2 – Lord, hear my voice

v. 3 – If you Lord should mark iniquity, O Lord who could stand?

v. 5 – I wait for the Lord

v. 6 – My soul waits for the Lord

v. 7 – O Israel, hope in the Lord, for with the Lord there is lovingkindness

**Consider – Believers remember Christ’ sufferings in the depths**

1. Believers learn in the depths of despair the blessing of God’s salvation
2. Believers learn the in the depths to trust in God’s help
3. Believers learn longing for heaven in the depths of despair
4. **In the depths of despair remind yourself that God forgives – 130:3 – 4**

*If You, Lord, should mark iniquities, O Lord who could stand? But there is forgiveness with You, that You may be feared.*

1. Nothing is more encouraging than remembering the continued forgiveness of God
2. God’s forgiveness produces fear-of -the-Lord in the forgiven

Jer. 33: 8 -9 - *I will cleanse them from all their iniquity by which they have sinned against Me, and I will pardon all their iniquities by which they have sinned against Me and by which they have transgressed against Me…and they will fear and tremble because of all the good and all the peace that I make for them*

**Consider – nothing is more amazing than the amazing forgiveness of God!**

1. **In the depths of despair remember the promises of God while you wait for His help**

**130:5 – 6**

*I wait for the Lord, my soul does wait, and in His word do I hope. My soul waits for the*

*Lord More than the watchmen for the morning; indeed more than the watchmen for the*

*morning.*

1. Believers in the depths learn to wait for the Lord - *I wait for the Lord, my soul does wait*

*Ps. 131:2 –* Surely, I have composed and quieted my soul; like a weaned child rests against his mother, My soul is like a weaned child within me

**This is the picture of waiting for God**

1. Believers in the depths hope in God who promises to help – *& in His word do I hope*

*He has granted to us everything for life & godliness by these precious promises*

1. **In the depths of despair confess your hope that God keeps His promises – 130:7 -8**

*O Israel, hope in the Lord; for with the Lord there is lovingkindness, and with Him is abundant redemption. And He will redeem Israel from all his iniquities.*

*Ps. 131:3 – O Israel hope in the Lord*

1. Believers confess their confidence in the God who keeps His promises in love

*With the Lord, there is lovingkindness*

*With Him is abundant redemption, and He will redeem Israel from all his iniquities*

*Ps. 42:8 – He will command His lovingkindness in the daytime*

*Ps. 23:6 – Surely goodness & lovingkindness will follow me all the days of my life*

***Ps. 32:10 – many are the sorrows of the wicked, but he who trusts in the Lord, lovingkindness shall surround him***

1. Believers learn – the greater the depths, the greater God’s redemption – salvation for them

**Lk. 1:68 – blessed be the Lord God of Israel, for He has visited us and accomplished redemption for His people**

**Consider – The Lord Jesus Christ is our redemption from the depths of sin & unbelief**

*From the Fatherly love of God, we must learn to trust Him, & rest our souls in His securing love Baxter*

**Things to Remember & Do**

1. **Believe God’s promises - He hears your prayers in despair**
2. **Remind yourself each day of the promises of God**
3. **Hopefully wait for the Lord’s help – He has promised to help you**

Let God do it His way in His time!

1. **Rejoice! God loves you & will save you when you call on Him**

*I wait for the Lord, my soul does wait, and in His word do I hope*

**To the praise of the glory of His grace – The Lord is near to the door! – Come Lord Jesus!**