II (SPAIR)

Psalm 38:22 22 Make haste to help me, O Lord, my salvation!

Focal Truth:

For the child of God, there is Hope in the Despair of our sin!

Observations:

1. The believer's sin has consequences.

2. Sin can bring feelings of isolation.

3. Even in the Despair of our sin, Hope remains!

Things to Remember and Do:

- For the believer: Remember you are not alone
 God is always there.
- 2. For the church: We must bear one another's burdens.
- 3. For the unbeliever: You can know Hope in Despair.

Call or text 988 Mental Health Emergency – 24/7

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